Valentina Protcenko

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I am a 60 year woman. I am fit and energetic, responsible and patient. I am passionate about what I usually do about the house. I love cleaning, washing, taking care of people and animals ( I pet 4 happy cats at my own home) and especially like cooking. People usually enjoy my dishes greatly. I worked as a housekeeper for 3 months. Did all kinds of jobs a good housekeeper usually do. I also have a 5 month experience as a caregiver. I worked for two different families, have references and phone numbers to confirm my experience. I assisted patients in and out of beds, baths, wheelchairs or automobiles with Hoyer Lifts. Provided with simple prescribed exercises . Checked patients’pulse, temperature, respiration and blood pressure. Performed housekeeping duties, such as cooking, cleaning, washing clothes and dishes and running errands. Changed dressing and perform wound care. **My skills:** vital signs, wound care, colostomy care, grooming, sing of Personal Protective Gear. Fluent in Russian, English, Ukrainian. **Education:** Master’s degree, Odessa National University Odessa, Ukraine